

Cộng Đoàn Công Giáo Việt-Nam Anrê Dũng-Lạc

Giáo Phận Brooklyn, New York

Our Lady of Mount Carmel R.C. Church

23-25 Newtown Avenue, Astoria, NY 11102

Governor Alfred E. Smith/Sunken Meadow State Park

Phone: (631) 269-4333

Description: Sunken Meadow State Park, fronting on Long Island Sound, has a wide range of topography that sustains a variety of flora and fauna. The three miles of beach meets tall, glacier-formed bluffs at the west end of the shoreline. A man-made dam separates the park's brackish creek and marshes from the tidal flats. South of the flats are acres of undeveloped and heavily-wooded rolling hills. Activities include swimming in Long Island Sound; hiking six miles of trails, including the northern starting point of the Suffolk County Greenbelt Trail; biking, horseback riding picnicking, fishing and cross-country skiing. In addition, the park has three 9-hole golf courses, a driving range and putting green.

Directions: Forty-six miles from Manhattan on the northern terminus of Sunken Meadow/Sagtikus Parkway. LI Expressway exit 53 or Northern Parkway exit 45.



Seasons/Hours: Open year round, sunrise to sunset. The golf courses are open year round also.

Pets: In undeveloped areas of the park dogs only are permitted with a 6 foot leash. Not allowed in bathing or picnic areas, in buildings or on walkways. See Park Office.